

# LET'S MEET GOD III

# Swami Dhyan Suraj

#### Let's Meet God III / Suraj Kate

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# Gratitude

I would like to take this opportunity to thank each and every person who has crossed my path in life.

Some added flavours while others taught me new things.

Without you all, this book was I m possible...

# Disclaimer

"Social Conditioning can negatively affect you."

To embrace the path of truth, you must become an unbiased rebel, freeing yourself from all forms of conditioning that divide us from one another.

# Summary

he book explores a unique and unbiased perception of God. Through its content, the book aims to dismantle illusionary perceptions of God and expose fraudulent gurus, who not only fail to guide individuals within themselves in their search for truth but also exploit God as a commodity.

The main aim of the book is to answer two of the most fundamental and pressing questions of mankind.

First, what is the most valuable treasure for humans on earth?

The answer, according to the book, is genuinely experiencing the pleasures of our senses, including touch, sight, hearing, taste, and smell. Our senses provide us with unparalleled pleasures, which we won't be able to indulge in once we leave our body. I.e. death.

Therefore, if we take care of ourselves and live in harmony with nature and each other we can experience the most beautiful world around us, and witness the highest state of godliness in this human life. It's up to us to play the game well and make the most of the precious gift of life that we have been given.

Secondly, what is the purpose behind the creation of this world?

The book suggests that the sole purpose behind God's creation of this world is "Play." It implies that existence itself is a game, filled with excitement and spontaneity.

In this view, God's intention is not to impose strict rules or expectations but to invite us into a dynamic interaction. This perspective allows for a sense of thrill and impartiality, meaning that God, like a player in a game, engages with us in a way that is both playful and non-judgmental. It emphasises that the experiences we encounter—joy, challenge, and discovery— are part of a divine playfulness that encourages us to explore and connect with one another.

During my journey of self-exploration, I was fascinated by how astrology and numerology shaped my perspective. I came to realise that this same conditioning influences others as well, each in their own unique way. I've compiled all these variations and delved into them in this book.

If what I've said rings true, I'd be thrilled to wish you a happy journey within yourself. Together we can ignite a transformative spark that contributes to the unprecedented growth of collective consciousness.

# Let's Meet God

III

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### CHAPTER I

## GOD

G od is mentioned in all religious texts, and by reading them, not much is revealed. When we explore this topic further, we are left with a nagging feeling that God does not appear to us in any magical text or by simply chanting its name!

"Thus, in the quest for divine understanding, if one is bound by the limitations of language, the essence of God remains elusive."

So, in the end, we are left with nothing but information about the way of life, packed to achieve peace and harmony with ourselves and others. What went wrong in the scheme of things? How did we fail to achieve the desired results? According to me, the diversion occurred the moment we began believing in more than one religion as it broke us apart rather than sealing us together. This 'extra' knowledge destroyed the precious relationship of oneness amongst all.

The question is, if religious texts proclaim a better way of living then shouldn't there be a list of principles common for all religions using which we can help each other become better humans? Don't you think that the biggest sin we are committing is fighting each other in the name of God? No parent I know will ever tolerate any conflict between children because of him/her. Now, in this scenario, imagine God as our parent.

Let us reflect and see the bigger picture, one where the only way to achieve a better lifestyle is by refraining from fighting over the domination of any religion. I say this because it is the major cause of chaos in society, and this fact has impacted politics as well. Looking at the bigger picture, wouldn't the world be a better place if politicians reserved their energy into focusing on the betterment of society rather than solving quarrels over religion or anything that separates people from one another?

I would like to add that we mustn't forget that we are spiritual and not religious and that the spirit is within us, whereas religion is manmade.

The second instance where God comes into the picture is in our prayers, where we ask for something in return for our reverence. This task is something like a business proposal. If we break up this act, it means we humans who are merely a dot in the entire universe, are asking God to alter its plan according to us. Isn't this gesture an underestimation of this divine being? If the law of Karma - as you sow so you reap, is the same in all religious texts then what is the use of asking God for special favours by performing various rituals? If an unrighteous person performs rituals to appease God, the fruits borne will be based on his karma and nothing else.

Prayer in the true sense means spending our lives in peace and harmony with our inner selves and those around us. When this happens, our prayers will turn into gratitude and reach God faster than a business proposal.

In my opinion, why should we burden God with our trivial concerns when the harmony among us is something we should be responsible for, rather than attributing it to God?

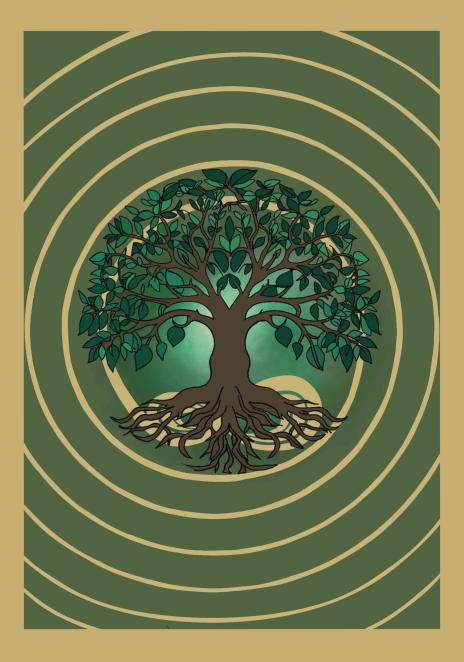
God can be understood as the universal consciousness encompassing all of existence.

This consciousness is an all-encompassing system made up of infinite individual consciousnesses, much like our own. Our individual consciousness is a part of God, highlighting our interconnectedness. The principle *"All is one, one is all"* reflects this unity.

To simplify, consider consciousness as the soul. Humans are a blend of body and soul within the physical realm, while God represents the soul in the spiritual dimension.

God exists in a state of bliss that transcends all dualities, such as happiness/sadness or black/ white. This state of bliss is complete and unchanging, often described as a state of nothingness or pure meditation.

Let's explore further to rediscover our connection and understand our unity with God.



### CHAPTER II

# CONNECTION WITH GOD

W ithin the vast network of our soul, there is a sector dedicated to intelligence, which oversees the functioning of the entire system across both physical and spiritual dimensions.

Just as our brain manages the operation of our body—where we don't distinguish each body part individually but see ourselves as a unified whole—this department of intelligence governs the entire system. Similarly, God can be seen as a soul within the department of intelligence, responsible for managing the entirety of existence, which functions as the brain.

We are all interconnected souls, part of this greater existence. Thus, God is not external but rather an intrinsic part of us, meaning we are all manifestations of the divine.

Now, the crucial question emerges:

Why do souls transcend the physical realm to interact with the body?

Or, more directly, why does a divine essence manifest as human?

Let's take a journey back to the origins of it all, a bit of time travel to unravel one of humanity's greatest mysteries and uncover the true purpose of our existence.



### CHAPTER III

## GAME

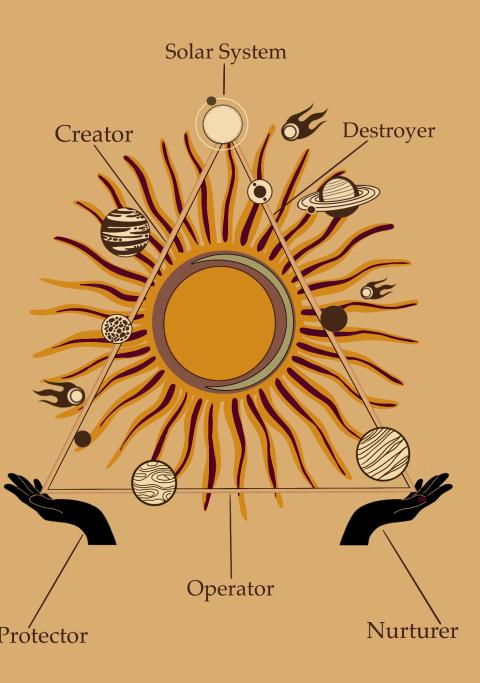
 $\mathrm{W}^{\mathrm{hat}}$  do the Gods do when they have nothing to do?

They play!

Godliness represents the highest spiritual state of our soul, where the essence of existence becomes a play of mystery. In this context, the game of Hide and Seek emerges as a profound metaphor. This game is played between the Soul from the department of intelligence - God and the other parts of its existence. In this game, we are the Seekers, while God is the one who hides.

It's akin to a family game during a picnic, where the goal isn't to achieve something specific. Winning or losing isn't the focus; what truly matters is the play and the pursuit.

This encapsulates the idea that *"The journey is more important than the destination."* 



#### CHAPTER IV

# CREATION

W e engage in various games that require meticulous planning to create the right environment and establish the necessary rules.

Effective execution demands a well-balanced team. Now, imagine orchestrating a complex game on the grandest scale, involving billions of souls, where unpredictability plays a crucial role for both sides. This element of unpredictability ensures a fair play, because if it were solely based on intelligence, no one could ever surpass an intelligent soul - **God**.

Let's take a peek into the creation of God's game.

Planet Earth is established as the arena for the game, followed by the creation of **Demi-Gods**, the **Solar System**, **Humans**, and **Illusions**.

Each of these elements is a part of God's team.

# **DEMI-GODS**

A team of Demi-Gods is established to play a crucial role, embodying the following qualities:

#### Creator

Responsible for designing and providing the essentials needed for the game.

#### Operator

Oversees the overall management and functioning of the game.

#### Destroyer

Tasked with eliminating elements that no longer serve the game's purpose, thus making way for renewal and recreation. Other forces that assist in running this system are also categorised as Demi-Gods based on their roles and hierarchy, such as the Gods of **Air, Water, Thunder, Fire,** and so on.

# SOLAR SYSTEM

T he entire Solar System is created, and thanks to advances in science and technology, we have explored planets around us and understood their interdependencies.

Despite our extensive exploration, we often overlook that these planets are not only distant entities but also exist within us. They connect with us through the dimension of our thoughts, each with its own traits and attributes.

These celestial bodies have been assigned specific characteristics that influence our behaviour, serving to engage us in the game.

### HUMANS

J ust as a computer is made up of hardware and an operating system, humans are designed similarly. Our physical bodies act as the hardware, categorised into two main types: Male and Female. Beyond this distinction, there are no other labels such as religion or caste that set us apart.

The operating system comprises two types of software: the **Protector** and the **Nurturer**. These roles are designed to complement each other, ensuring harmony between them. Thus, the hardware and software necessary for the game are in place.

Each of us is assigned a pre-configured body as either Male or Female, along with an operating

system designated as either a Protector or a Nurturer. Both types of software come with their own distinct traits:

*Protector:* A Protector is resilient in challenging situations and will go to great lengths when passionate about a person, a value, or a dream.

*Nurturer:* A Nurturer constantly seeks harmony and avoids conflict.

In terms of dominance, a Protector tends to be dominant while a Nurturer is more submissive. This dynamic is present in all aspects of life, as it stems from the operating system.

Dominance should not be seen as superior, nor should submission be viewed as inferior. A Protector should not use aggression to suppress a Nurturer; rather, aggression is meant to offer protection. Conversely, a Nurturer should not manipulate a Protector but should support them with their intuitive skills. Both are equal, as they are both created by the divine - God.

Any perceived bias would be a question for the creator, as the creation itself should be unbiased.

It is not necessary for a male body to always have the Protector software or for a female body to always have the Nurturer software.

These roles can indeed be interchangeable, allowing for an unbiased creation. Thus, individuals naturally fall into one of four categories:

- 1. Protector Male
- 2. Nurturer Male
- 3. Protector Female
- 4. Nurturer Female

We can access our operating system either through unbiased self-awareness or with the assistance of astrology.

The zodiac sign positioned in the 1st house of our birth chart, also known as the **ascendant**, reveals our operating system.

Among the 12 zodiac signs, half are categorised as masculine and the other half as feminine.

Here, the masculine signs are associated with the Protector role, while the feminine signs align with the Nurturer role.

Masculine Signs	Feminine Signs
Aries	Taurus
Gemini	Cancer
Leo	Virgo
Libra	Scorpio
Sagittarius	Capricorn
Aquarius	Pisces

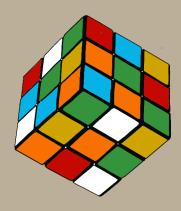
## ILLUSIONS

I llusions represent the final and most significant trick in creation, ready to greet us at every stage of our lives.

They encompass all the illusions that distract us from the game and hinder our journey towards our true self, God.The greatest illusion of all is often the one we hold about ourselves.

In addition to breaking through the matrix, we must remain vigilant against the various illusions we encounter along the way.

It's clear that this journey won't be a straightforward or easy one!



#### CHAPTER V

### **DE-SYNCHRONIZATION**

N ow it's time to fasten our seat belts. We, as a collective of souls, have been separated from our natural state of godliness for this game and sent to planet Earth, where God's team has intentionally introduced us to a myriad of illusions.

Predictably, we soon became ensnared in this game, complicating our situation further. Not only are we out of sync due to the influences of God's team, but we also contribute to our own desynchronisation by disrupting our operating system, leading to self-desynchronisation. This process of desynchronisation begins at our first birth, with the system designed to gain momentum according to our conscious choices, involving the concept of karma.

Only by navigating wisely and avoiding the pitfalls of illusions can we discover the true God within us; otherwise, we risk becoming trapped in an endless cycle of lifetimes until we ultimately reach our final destination. Let's delve into the process of desynchronisation.

## SOLAR SYSTEM

e are programmed and coded with various traits and attributes, with planets influencing us through the dimension of our thoughts.

Likewise, the system we operate within requires a specific algorithm. If we deviate from this algorithm, we risk losing synchronisation with both ourselves and the system.

#### SELF DE-SYNCHRONIZATION

T his is where we become trapped by our own ego, interfering with our inherent coding through biases.

Historically, males have been assigned the role of Protector and females the role of Nurturer. Is there a hint of bias in this setup? Yes, it is likely, as this design originates from our own constructs rather than from the creator.

A group of Protector men abused their dominance and imposed a harsh fate on other combinations by shaping society according to their own perspective for their convenience. They assigned women the role of Nurturers and men the role of Protectors, which has had a negative impact on both women and men as a whole. Let's examine the negative impacts: Consider a Nurturer male who has been conditioned by society to act as a Protector.

This individual will struggle to navigate life effectively, as this role is completely contrary to his inherent programming. He may feel unable to express his emotions, since crying is often seen as a female trait, even though it is simply a natural way of releasing emotions, whether joyful or sad.

Consequently, he suppresses his feelings due to societal expectations, leading to a buildup of trapped energy.

Conversely, a Protector female may find it challenging to fulfill the role of a Nurturer and might have difficulty expressing her true energies when needed.

Sometimes, people cross-dress regardless of their gender.

A Nurturer male might enjoy wearing female clothing and accessories, while a Protector female might find pleasure in wearing male attire. In such cases, the issue lies not with the software or inherent roles but with the biased conditioning imposed by society.

For example, consider a group of boys who hang out together, where all are Protectors except for one who is a Nurturer. When conflicts or aggressive situations arise, the Nurturer feels isolated, as this behavior is contrary to his natural tendencies, while the other boys feel comfortable and in sync with their roles.

This discrepancy leads the Nurturer to feel inferior compared to the others, who are expected to be tough and fearless according to societal norms. As a result, the Nurturer is subjected to teasing about his masculinity, being labeled as feminine. This bullying intensifies his internal struggle, and the repeated taunts eventually penetrate his subconscious mind. He begins to notice the behavior and attributes of the females around him, finding peace and a sense of belonging in their mannerisms.

This alignment occurs because the societal roles and behavioral patterns assigned to women resonate with the traits of a Nurturer. He begins to notice and mimic feminine qualities to such an extent, where he enjoys dressing as a girl and adopts a feminine lifestyle.

Over time, he reaches a stage where he feels that he is in the wrong body and identifies as a girl. This can lead to gender fluidity, and some may even pursue gender reassignment surgery.

Similarly, a Protector female might undergo a comparable journey, identifying more with traits

associated with males due to societal conditioning, ultimately leading her to embrace a masculine identity.

The most significant shift occurs in intimate relationships. Regardless of gender, a Protector will generally prefer to dominate, while a Nurturer finds satisfaction in submission.

When a Protector man engages with a Nurturer woman, their energies align well, as both receive what they seek, which aligns with societal norms.

However, consider a scenario where a Nurturer man is intimate with a Nurturer woman. Both being naturally submissive, they may struggle to find fulfillment, as the dynamic of dominance is absent. They might wait for the other to take the initiative, which is against their inherent nature. This imbalance often leads to dissatisfaction and discomfort. In seeking balance, they may end up looking for compatibility elsewhere, potentially leading to infidelity despite genuine feelings.

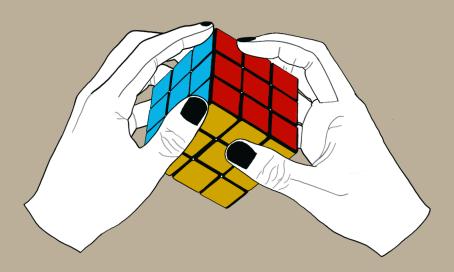
This dissatisfaction can also pave the way toward exploring other sexual orientations, such as being gay or lesbian.

When a Protector girl connects with a Nurturer girl, their dynamic often works well because one enjoys taking the lead while the other finds fulfillment in submission.

In such scenarios, their innate roles can override their physical programming, leading them to identify as lesbians.

The same principle applies to boys who may find themselves identifying as gay under similar circumstances. The most troubling outcome is that they may feel trapped in the wrong bodies and become estranged from themselves.

This issue is not solely physical; it is also a mental phenomenon.



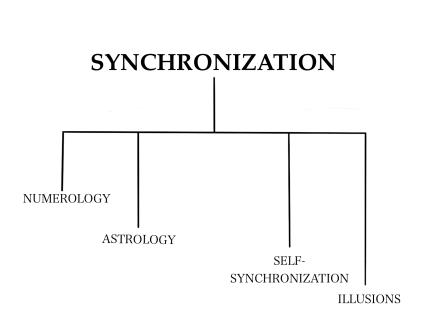
#### CHAPTER VI

### SYNCHRONIZATION

T he process of de-synchronization has put us in a situation similar to a scrambled Rubik's Cube, causing our minds to be restless and overwhelmed by endless thoughts.

We may find ourselves regretting an unchangeable past or anxiously speculating about an uncertain future, both of which pull us away from the present moment.

This is where the journey to rediscover our true selves starts.



Let's uncover the hidden treasures that can help us align with our true selves and dispel all illusions.

• Numerology and Astrology can reveal the influence of the planets, guiding us to synchronize with our authentic selves and the system.

## NUMEROLOGY

N umerology explores the mystical significance of numbers. From my perspective, it offers a way to delve within ourselves and gain a deeper understanding.

Let's explore the connection with numbers.

Each number from 1 to 9 is linked to the planets of our Solar System and embodies specific traits and characteristics. These traits can be a blessing if embraced in balance, but they may become a curse if misused.

We can categorize these traits into two types positive and negative, akin to the concepts of God and Devil. It's similar to the two sides of a coin - duality.

# Let's briefly illuminate the significance of numbers.

Number	Planets	Traits
1.	Sun	Leadership
2.	Moon	Sensitive
		Intuitive
3.	Jupiter	Wise
		Confident
4.	Rahu	Calculative
		Practical
5.	Mercury	Innocent
		Flexible
		Young at heart
6.	Venus	Fearless
		Materialistic
7.	Ketu	Emotional
		Intuitive
8.	Saturn	Unbiased
9.	Mars	Humanitarian
		Consistent

Thus, God and the Devil are not external forces but exist within us. It is up to us to consciously align with our higher nature or struggle with our lower impulses.

*"It is solely a conscious decision to vibe with God or keep struggling with the Devil."* 

Our lives can be compared to a movie, where the success of the film depends on the collaboration between the Actor and the Director. Both roles are crucial, and if they are not in harmony, the movie is likely to be a failure, regardless of the storyline or other elements. In the same way, we each have an internal Actor and Director. The key to a fulfilling life is ensuring that these two aspects are well-aligned and working together seamlessly. Let's explore the "movie" of our lives. Take Person "A," born on January 10, 1986.

In this scenario, the Actor is represented by the number 1, derived from the birthdate (10) reduced to a single digit (1+0 = 1).

The Actor symbolizes how we present ourselves to the world.

The number 1 is associated with the Sun and embodies positive traits such as leadership, provided it is balanced. A true leader leads by example and maintains humility. If out of balance, this can shift into ego or low selfesteem.

The Director is represented by the **number 8**, also known as the life path number in numerology. This is calculated by summing the day, month, and year of birth: 1+0+1+1+9+8+6=26, which reduces to 8 (2+6=8). The Director represents the core character of a person.

The number 8 is linked with Saturn and signifies the trait of delivering unbiased justice. If a person becomes biased, their balance is disrupted, making them prone to judgment.

When Person "A" embodies humility and maintains an unbiased approach to life, they align harmoniously with themselves and others. As a result, the "movie" of their life becomes a tremendous success.

We often find ourselves worshipping various external representations of God around the world, hoping for miracles that may never come. If miracles were the answer, God would have manifested in a miraculous form and provided us with all the solutions to our suffering, given the countless prayers offered daily. Instead, we should focus on recognizing and nurturing the true God within ourselves by embodying and balancing divine traits.

This approach can lead to genuine transformation and immediate results. We don't need to rely on so-called spiritual leaders who may exploit the concept of God for their own agendas and capitalize on people's unquestioning devotion to the divine.

Numerology can assist us in decoding and balancing the influences of the planets by providing a deeper understanding of both ourselves and others, including their traits and character.

This is only the foundational insight into numerology. As you explore further, you're likely to find even more fascinating revelations with each step you take.

## ASTROLOGY

O ur world is like a vast, beautiful garden, where each of us is a unique flower. Each flower follows its own journey, encoded in the seed it is born from. A rose will never become a sunflower, and a sunflower will never turn into a rose.

Similarly, flowers don't interfere with each other's paths; each one fulfills its purpose according to its design. Their individuality is what adds to the garden's overall beauty.

In the same way, we each have distinct roles and skills that are designed for our unique life journeys. This inherent programming is already within us; the challenge is recognizing and embracing our natural talents and roles. By aligning with our true selves, we harmonize with the larger system, contributing to the balance and beauty of the world.

Given our unique natures, it's unrealistic to expect everyone to follow the same path. Our system is designed for each of us to focus on our individual journeys without interfering with others. Interference disrupts the natural flow of the system and creates imbalance.

To truly understand ourselves is to discover our skills and strengths, which enables us to thrive in our designated roles. For example, someone with a natural talent for creativity and design might excel as an artist, while someone with a keen analytical mind might be drawn to a career in research. If the artist attempts a career in research or the researcher in art, they may face significant challenges, as their natural abilities aren't suited to the roles they've chosen.

This misalignment can lead to frustration, like trying to swim against the current. Therefore, an artist is meant to be an artist, while a researcher is meant to be a researcher.

By understanding ourselves more deeply, we avoid interfering with others and allow the system to function smoothly.

Only a few individuals are truly in sync with themselves and the larger system, often becoming leaders and innovators in their fields. Unfortunately, many of us contribute to the dysfunction of the system through manipulation, competition, and distraction, primarily because we focus more on others than on ourselves. This is where astrology can be a powerful tool. It helps us understand ourselves better and guides us to align with our true roles within the system, leading to greater harmony and success.

We've already seen how the zodiac sign in the 1st house of our birth chart reveals our personal operating system. This chart also provides insight into our personalities, as we embody traits linked to specific planets and signs in our 1st house.

The 12 houses in a birth chart correspond to different aspects of life.The placement of **Rahu** also known as the north node and **Ketu** the south node in these houses also gives clues about our destiny, roles, and natural talents.

Navigating this process isn't always straightforward, as there's a subtle but important nuance. The house where Ketu is placed represents our comfort zone and areas of expertise, while the house where Rahu sits points to areas that challenge us and where we need to grow.

To shape our destiny effectively, we must step outside our comfort zones and venture into these new territories. By doing so, we often find the journey becomes easier and more rewarding.

By understanding ourselves and our place within the system, we align with both our inner selves and the larger universe. Just as numerology offers deep insights, astrology provides a roadmap for our life's path.

Incorporating occult sciences into early education, alongside traditional curricula, could enhance students' self-awareness. This would help them move away from seeking external validation and instead build a solid foundation for personal growth.

Practical knowledge of these disciplines could complement traditional education and prepare students for a more fulfilling future.

For those who don't have access to occult sciences but wish to align with the planetary energies, there's a simple shortcut: detach God from the place you've been conditioned to worship and place it in the people you meet along your journey.

As the saying goes, *it's easier to change the place of worship than to determine who is right*.

### SELF-SYNCHRONIZATION

T he ongoing debate over male versus female superiority has yielded no definitive answers, as it is rooted in bias.

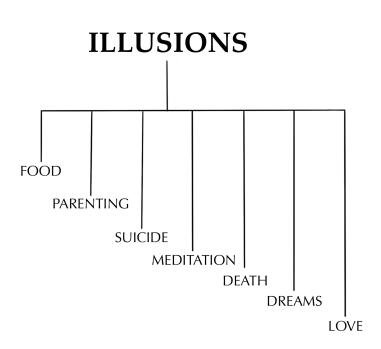
The question of whether God is male or female only adds to this divide. In reality, the soul is genderless, and the physical body is merely a vessel for us to participate in life's game, regardless of gender.

The creation of both male and female is intended to foster unity and facilitate procreation. We should also reconsider our judgments of the LGBT community, which are influenced by societal biases favoring male protectors.

True peace can only be achieved by redesigning our society to embrace all human combinations, not just male protectors.

It's important to recognize how the rules designed to protect women are often manipulated around the world by those protectors hiding underneath a woman's body, only to subsequently portray themselves as victims.

This awareness will dismantle critical illusions about masculine and feminine energies, helping us align with our true selves and achieve inner harmony.



Ultimately, recognizing and celebrating our unique qualities, while living in peace and joy, constitutes genuine worship of God. By overcoming mental turbulence and embracing our inherent unity with God's soul, we move closer to a state of bliss and nothingness.

## ILLUSIONS

T he role of "illusion" involves misleading and restricting us from fully engaging in life's game.

It affects every aspect of our lives, and the only way to overcome it is to remain mindful and act according to our true purpose.

Let's examine some areas of life affected by illusion to help us effectively end its influence.

## FOOD

 ${\rm A}$  ll animals, except humans, follow a natural order when it comes to eating.

A cat in London will eat the same food as a cat in India and won't interfere with the food chain of other species, despite having no digital connection between them.

Meanwhile, we humans are still grappling with the question of what we should be eating.

Isn't that the ultimate irony of our so-called intelligence?

Food is meant to nurture us so that we can be healthy and physically fit and thus be able to experience all the pleasures in life, but we have confused it with only the pleasure of our tongue, rather than nutrition. Our taste buds are illusions out here; we can literally cook anything and make it edible just to satisfy them.

Just like when we eat animals, we never eat them raw right after killing them and most of us can't even kill them with our own hands. The consequences of eating animals with or without cooking are quite obvious which we are all aware of.

So why ignore it and to what extent?

Apart from health issues, it questions our conscience and not to forget how farming animals has become one of the major and neglected factors contributing to global warming. The instant blessing here we get is Compassion. If one does not kill a helpless and innocent being just to satisfy his or her taste buds imagine the amount of compassion this person is filled with. I don't think this person can be of any harm to anyone ever.

Thus, a bit of awareness can help us consume food for its true purpose, dispelling the illusion created by our taste buds.

## PARENTING

e often hear about all the sacrifices parents make for their children, but how often do we stop to consider things from the child's point of view?

In my opinion, the most precious gift a child offers their parents is the steering wheel to their own life. Now, imagine if those parents are steering the child's life in the wrong directionwhat options does the child have?

I believe one of the most common illusions parents have is the belief that they are the creators of their children.

It's time to shatter this illusion and return to the true essence of parenting: to nurture, to protect, and to allow the child to grow and blossom into the individual they are meant to become.

#### SUICIDE

S uicide, which we are all aware of, is the second stage of death. People commit suicide first in their minds when they start giving up on the little things in life.

They gradually reach a saturation point where they decide to give up on life itself; which is just the process of leaving this physical dimension. Most of them hesitate to take such an extreme step and spend life like a living dead body until they die from a so-called natural reason.

The reason for suicide varies for each individual, so this is an illusion. Everyone has their reasons to end their life. The problem is not the reason, it is not external. Rather, it lies within us. It is just a dimension of thought as they get trapped in the illusion.

If not, they have a feeling of being isolated from the entire world. They somehow become strangers to themselves and they feel that the only escape is death!

It's like not even playing the game. Quitting after a lot of struggles; right from competing with millions of sperms to attain this life and the privilege of being human, which could have been the final stage of liberation.

#### I don't think that's a fair deal!

The Easiest way would be to give a suicidal person example of those who have taken their lives despite them having similar (materialistic/ emotional) reasons. E.g. Person "A" decides to end his/her life, the reason being money. He/she should be given an example of someone who has committed suicide despite having money.

Everyone has their reasons to end their lives, but if we dig deep, those reasons are part of the illusion. No one likes to share their suffering because of their insecurities, so they are never willing to help others, which could have been done by sharing their own experiences.

If one chooses to live a life in which no other being is harmed, especially when it comes to seeking personal pleasures, be it a protector or a nurturer, that individual should be ready to gear up even if the world is against them.

#### **MEDITATION**

Meditation is a journey towards thoughtlessness and reconnecting with our true nature. Rather than focusing on the thoughts that disturb us, we often try to meditate harder while leaving these thoughts unexamined.

This mental turbulence stems from a lack of synchronization with ourselves and the system. To address this, we need to first focus on our thoughts and observe them without bias. By understanding the root causes of our problems, we can gradually eliminate each disruptive thought, leading us to a state of inner harmony and nothingness.

In a meditative state, we align with the present moment and connect with our true selves—our soul.

#### DEATH

The concept of death we commonly understand is not the end of our true selves—our Soul. Instead, it is merely a transition phase before liberation or reincarnation in a different form to continue the journey toward ultimate freedom.

To comprehend death, we first need to understand life, as they are two sides of the same coin - duality.

When a soul is born into a human body, it forms a connection with the body. Thus, life is a combination of Body and Soul. Initially, we exist in a state of nothingness, akin to a blank slate, similar to a newborn child. Upon birth, the soul connects with the brain, which in turn connects with the body.

As the soul engages with the brain, a human bio-computer, it begins to absorb conditioning from the physical world through interactions with our environment and the teachings of those around us—parents, friends, teachers, and others.

The brain functions as the Intelligent Soul of the body, managing both conscious and subconscious activities. Once we learn something, such as driving or swimming, it is stored in the brain's memory. Repeated practice makes these actions automatic, with the brain directing the body. Death occurs when the soul is detached from the body. At this point, we lose all memory of the conditioning from the physical dimension because the brain, which stored all that conditioning, is no longer connected to the soul. This state of being resembles the condition before birth—*a state of nothingness*.

By practicing to enter this state of nothingness through meditation and removing the factors that hinder this process, we can become truly aware of our true selves (the soul) even before the physical body dies.

This realization allows us to reconnect with our inherent state of immortality, as the soul never truly dies.

#### DREAMS

A common misconception about dreams is that a divine being enters our dreams to deliver a message.

In reality, dreams happen because we don't experience deep, uninterrupted sleep.

If we can separate the three activities thinking, sleeping, and acting—we will not only see through the fabricated stories of selfproclaimed spiritual leaders but also be able to enjoy a much deeper and more restorative sleep.

## LOVE

The only illusion surrounding love is our belief that our hearts are deeply connected to it, while the heart's primary function is merely to pump blood.

When you recognize that you are a part of the Divine, the first step is learning to love yourself, exploring the pleasures of life through all your senses.

As you come to realize that others are also connected to the same Divine essence, you naturally begin to love them as well-choosing to honor them by not causing harm while you continue to explore life's pleasures.

It reinforces the saying " *If Love happens, It happens* with all; otherwise, not even with oneself."

Therefore Illusion can only be dispelled when we align with our true selves by embracing impartiality toward both others and ourselves. This alignment will ultimately guide us toward Enlightenment.

Enlightenment is the journey of rediscovering our true selves and deepening our connection with God.

The term "*Enlightenment*" literally means the process of illuminating darkness.

We are like light bulbs; we simply need to flip the right switch. It's not complicated—just a matter of activating that switch.

When someone is enlightened, their inner light shines brightly, naturally spreading that illumination and bliss to others.



#### CHAPTER VII

## MEETING GOD

W hat sort of God are we worshipping? One that requires its followers to sacrifice their lives and constantly strive to appease it?

Isn't there a touch of ego in that expectation?

Either we've fundamentally misunderstood the true nature of God or we're worshipping the wrong entity.

Regardless, we've discovered our connection to God by recognizing that we are an integral part of it, after discarding all external conditioning and misconceptions about God.

It turns out that, in the game of hide and seek God was hiding in the most unexpected place: within each of us.

*Isn't it a masterstroke by God, concealing the truth within us while we search the world for it?* 

This way, we don't need to seek elsewhere to worship God.



#### CHAPTER VIII

#### KARMA

O nly when we begin to see life as a play can we truly rise above our suffering. A play is about the pursuit and the joy of the experience itself.

When we are in alignment with ourselves and those around us, everything falls into harmony, and the flow of life unfolds naturally.

If we have the chance to engage in the game of life and seek liberation in the physical realm, we should embrace it fully and savor all its genuine pleasures. These pleasures are the blissful experiences we encounter through our senses—touch, smell, taste, hearing, and sight. For a soul, these sensory experiences on Earth are among the most valuable. The key to enjoying any pleasure lies in being mindful of our actions i.e.Karma.

Karma has the power to disrupt our path to liberation and entangle us in a cycle of endless lifetimes.

Therefore, it's crucial to avoid causing harm to anyone, whether directly or indirectly, in exchange for these pleasures. Hurting others ultimately means hurting ourselves, as we are all interconnected and linked to the same source.

#### Remember, what goes around comes around!

Moreover, no divine being would take joy in punishing its own creation.

The true purpose behind this is simply to ensure that we receive what we truly deserve, which is, in essence, everything for everyone.



#### CHAPTER IX

## DAWN OF A NEW ERA

T he entire struggle of mankind has always been the connection between the physical and the spiritual dimension.

We have a glimpse of the supreme soul looking at the creation around us, but are unable to get answers despite having developed science and technology. We have invented various ways to reach there but the variations among our beliefs and rituals restrict us from the ultimate truth and destroy the most beautiful relationship of oneness among all of us.

So, let's build a bridge between the physical and the spiritual dimension by freeing ourselves from all the existing rituals which divide us from one another and vibe in a new dimension called the *Free Ritual Dimension*.

We are all aiming to become spiritual, but what kind of spirituality are we heading into if we cannot decode our physical dimension and jump into cracking another Metaphysical dimension which we are not even aware of. i.e., the fantasy world.

Moksha or spirituality may seem elusive and intangible, often appearing beyond our grasp.

The truth about what happens after death remains a mystery since no one has returned to enlighten us about it. However, we can achieve harmony and peace in this life by aligning with our true selves and dispelling illusions. While this path might not promise a stormless sea, but an unsinkable ship for sure.

When it comes to moksha which is generally assumed to be attained only after death, we will cross the bridge once we reach there.

In the meantime, let us all unite and make it a wonderful play.

Whether referred to as God, Allah, Bhagwan, or Intelligent Consciousness, It should no longer be a source of conflict among us.

Therefore, it's wise to be gentle with yourself and allow for some leniency for all the conditioning of our beliefs against truth or love because, we are not only conditioned by society but also conditioned to defend our conditioning as well.

#### IN CONVERSATION WITH AUTHOR

# 1. Why did you choose 'God' as the subject?

In truth, it was the other way around; the subject chose me as its vessel. Writing on any topic other than this was never an option.

Let's consider a pivotal example: the bond between parents and children. In this relationship, 'love' is sometimes overshadowed by material concerns like 'money' and 'status.'

If this can happen in such a pure relationship, imagine how it manifests in other areas! This realization ignited my curiosity about God, leading me to question the wisdom of waiting 400,000 years for the end of '*Kalyuga*,' as that would be rather unfortunate.

# 2. Were you aware about your innate curiosity?

My curiosity about the nature of existence began to take shape when I started writing this book, and it led me to recall an experience from my school days.

At that time, I had heard that humans go through seven lives, which left me with two main concerns: first, we don't know which life we are currently living, and second, if this is indeed our seventh life, what happens next? This realization prompted me to think about what I call 'real death'—the idea that after completing our seventh life, we have the chance to be reborn.

While I was aware of my curiosity, I never anticipated it would eventually drive me to search for God.

# 3. What challenges did you encounter on this journey?

Difficulties were expected in the context of the book, but "it was not expected that the search for God would be followed by an encounter with demons". There was a time when the demon had ten faces, but now it seems that each one conceals at least ten demons.

Frankly, the challenges I faced and the lessons learned are numerous and would require more space than this format allows.

I have addressed them in a separate book titled Let's Meet the Devil.

# 4. How do you believe this book will impact the world?

A Universal God, to begin with . . .

# THANK YOU !

